

Is AI worth your time?
Or is it all hype?

A useful tool or parlor trick?

**AI WORTH
YOUR TIME?**

**ALL
HYPE?**

AI Is Good At A Narrow Band Of Tasks

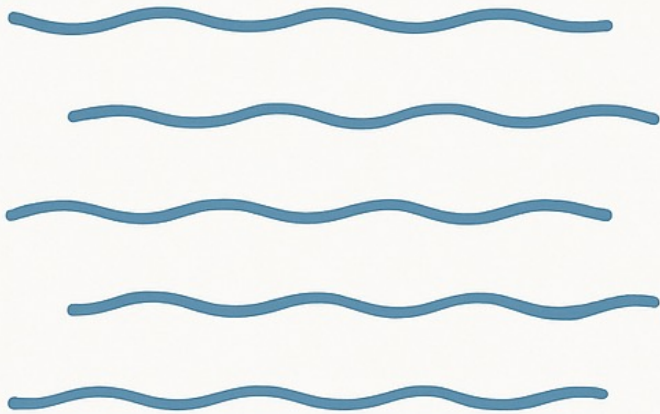
- Research Assistant
- Summarizing Information
- Extracting Insights
- Creating Visuals
- Data Grunt Work

Data Privacy And Client Confidentiality

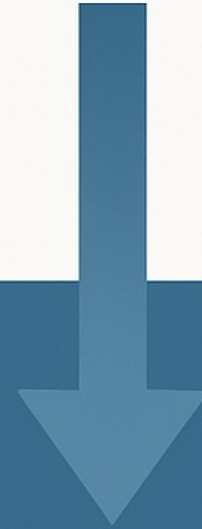
- ChatGPT Enterprise
 - Claude Enterprise
- Healthcare, Banking, Law Firms



Topics



Deep dive



3 Levels of Intelligence (Actually 4)

Claude

Good for chats

(fast, but not as smart)

Claude 4 Sonnet

Good for work

(smarter, lower errors, but slower)

Claude 4 Opus

Good for hard problems

(very slow, very limited use)

Claude 4 Opus Extended
thinking

ChatGPT

Good for chats

(fast, but not as smart)

GPT-4o

Good for work

(smarter, lower errors, but slower)

o3

Good for hard problems

(very slow, very limited use)

o3-pro

Gemini

Good for chats

(fast, but not as smart)

Gemini 2.5 Flash

Good for work

(smarter, lower errors, but slower)

Gemini 2.5 Pro

Good for hard problems

(very slow, very limited use)

Gemini 2.5 Pro

(right now, there is no extended thinking
version, probably coming soon)

Chain-of-Thought Prompting

1. Identify the expert team needed for the task
2. Then, determine the expert team needed for the prompt
3. Provide detailed context (Load the 6-step framework)
4. Have the LLM take on the combined expert roles
5. Creating a comprehensive prompt based on all the built-up context



Joshua Wood, JD, MAI, AI-GRS • 1st

Senior Managing Director & Shareholder at Valbridge Property Advisors |...

1d • 🌐

Am I the only one that finds ChatGPT's "style" really creepy? This AI generated "art" is instantly recognizable, and it turns my stomach.





Justin C. Gohn, MAI, SRA  • You

Exploring the Frontiers of AI. CRE Valuation & Advisory.

Depends on the prompter...did a masterful Rembrandt here



Like ·  2 | Reply · 2 replies | 573 impressions



Joshua Wood, JD, MAI, AI-GRS **Author**

Senior Managing Director & Shareholder at Valbridge Property Adv...

Show off!

Funny ·  1 | Reply

